

LipiFlow Thermal Pulsation

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Introduction

Dry eye is a multifaceted problem with many causes and symptoms. However, despite the variety of factors that can cause dry eye it is essentially a problem with the eyelid glands (Meibomian glands). If the quality or quantity of oil produced from the Meibomian glands is limited, it will result in your tears evaporating too quickly and in turn the condition dry eye syndrome.

Factors such as the environment, hormonal changes, the ageing process, certain medications, poor diet, and diseases such as arthritis, Sjogren's syndrome, and lupus all play a significant role in reducing the amount of moisture our glands are able to produce.

Common Symptoms of Dry Eye

- Burning feeling
- Sensitivity to light
- Watery eyes
- Dry feeling
- Sore eyes
- Blurry vision
- Itching feeling
- Heavy eyes
- Red eyes
- Foreign body feeling
- Aching feeling
- Fatigued eyes

What is LipiFlow Thermal Pulsation?

LipiFlow Pulsation is a highly effective way to treat dry eyes caused by meibomian gland dysfunction (MGD), which affects nearly 86% of dry eye sufferers. This noninvasive in-office treatment has been demonstrated to be safe and highly effective in peer-reviewed studies, and 79% of all patients reported that their dry eye symptoms had lessened within six weeks of undergoing a single LipiFlow Thermal Pulsation treatment. All it takes is a single treatment every 9-15 months to significantly reduce the symptoms of dry eye.



How Does LipiFlow Thermal Pulsation Work?

The process uses a gentle application of pressure paired with a carefully regulated heat source to help our meibomian glands improve the quality and quantity of oil produced.

The carefully controlled application of warmth and pressure over a twelve minute period helps to open the blocked glands, thereby allowing your eyes to better produce and expel meibum. Meibum is one of the components of tears and prevents our tears from evaporating too quickly.

Unlike other treatments for dry eye, LipiFlow Thermal Pulsation doesn't just address the symptoms of dry eye, it treats the source of the problem. Many patients find lasting relief from their dry eye symptoms by using LipiFlow Thermal Pulsation and need to rely less on compresses, drops, and other temporary dry eye treatments.

Schedule your appointment today to see how we can help!

See & Be Seen Eyecare



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