

# Radiofrequency Therapy

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## Introduction

Dry eye disease is a chronic condition that has a variety of causes and symptoms.

If you have dry eye disease it means you don't have enough high-quality tears to sufficiently lubricate and nourish your eyes. This can be caused by improper oil production resulting from meibomian gland dysfunction, but can also be caused by environmental factors, hormonal changes, ageing, certain medications, poor diet, or other medical conditions.

## Common Symptoms Of Dry Eye

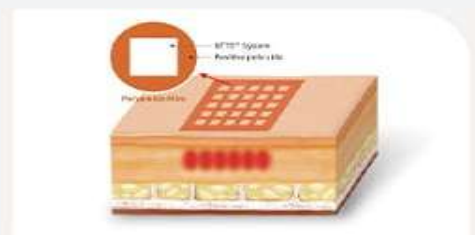
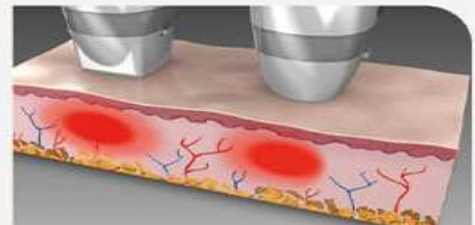
- Dryness
- Burning and irritation
- Itchiness
- Blurred vision
- Redness
- Sensitivity to light
- Sandy/gritty feeling
- Foreign body sensation
- Tiredness
- Sudden excess of tears
- Foreign body sensation
- Stringy discharge

## What is Radiofrequency Therapy?

Radiofrequency (RF) therapy delivers high frequency electrical current to the skin to generate heat and stimulate collagen production. This is a safe and effective in-office treatment for your dry eyes.

The meibomian gland is responsible for producing the oil in your tears. The oil is important because it stops your tear film from evaporating too quickly. If the meibomian gland becomes blocked you can experience the symptoms of dry eye. Studies have shown that 86% of dry eye symptoms are caused by meibomian gland dysfunction. By targeting this issue, our goal is to help you see and feel your best!

The heat from RF helps to melt the thick oil secretions and unclog the meibomian gland, improving the quality of your tears. RF can also reduce inflammation around your eyes that could be contributing to your dry eye symptoms.



Schedule your appointment today to see how we can help!

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Schedule an Appointment Today!

[seeandbeseeneyecare.com](http://seeandbeseeneyecare.com)

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## How Does Radiofrequency Therapy Work?

RF therapy is a quick, gentle, and effective treatment.

During this 30 minute treatment, your eye doctor will use the RF handheld attachment to gently massage around your eyes with a soothing gel. This sends the electrical current into your skin and creates a warming sensation, helping to remove any blockages from the meibomian glands and return them to their normal level of function.

Some patients notice immediate changes in their dry eye symptoms after the treatment. However, it will likely take a series of treatments to see a drastic change. Best results are usually achieved after 3 to 4 treatments.



## Schedule an Appointment

If you suffer from dry eyes, radiofrequency therapy may be just the treatment you're looking for!

For more information on dry eye therapy, or to book an appointment, please contact our office. Appointments can be booked online at [seeandbeseeneyecare.com/request-appointment/](https://seeandbeseeneyecare.com/request-appointment/) or by calling Liberty Village 416.516.2020 or Midtown 416.483.2123

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