

# BLEPHEX EYELID THERAPY

SEE  
& BE  
SEEN  
EYECARE



## Introduction

---

There are many different components to dry eye and many variation in symptoms people with dry eye experience. In general, dry eye can be caused by reduced amount of tears coming into the eye or the tears may be evaporating too quickly. Your natural glands are meant to keep your eyes moist, however, factors such as the environment, the aging process, hormonal changes, medications, inadequate blinking, poor diet and diseases such as arthritis, lupus and Sjogren's syndrome all play a significant role in reducing this moisture.

The goal of our practice is to address these concerns and treat the underlying cause of your dry eye.

## Nature and Purpose of Treatment

---

Dry eye is a common problem that may result in symptoms of eye discomfort, blurred vision and possible damage to the surface of the eye. People with dry eye symptoms use different methods to ease their discomfort. For some people, relief of their dry eye symptoms is incomplete because there is a lack of the oily layer of the tear film. The tear film is the lining of tears that lubricates the eye surface. The tear film consists of a mucus layer, a water layer and an oily layer. The outer oily layer keeps the inner tear layers on the eye surface. The oily layer is produced by eyelid glands, called meibomian glands, which release oils from openings along the lining of the eyelids. These eyelid glands can become blocked so that there is not enough oily layer in the tear film, which can lead to dry eye symptoms.

## Common Symptoms of Blepharitis

---

- Foreign body sensation
- Crusting
- Mattering
- Tearing
- Redness/inflammation
- Dry eyes
- Eye rubbing

## Schedule an Appointment

---

If you suffer from dry eye you may benefit from IPL. For more information, or to request an appointment, please contact our office. Appointments can be booked online at [seeandbeseeneyecare.com/request-appointment/](http://seeandbeseeneyecare.com/request-appointment/) or by calling **Liberty Village 416.516.2020** or **Midtown 416.483.2123**.

# BLEPHEX EYELID THERAPY

SEE  
& BE  
SEEN  
EYECARE



## What Is Blephex

BlephEx is the treatment for blepharitis. It's an in-practice procedure performed directly by our trained doctors. With BlephEx the clinician thoroughly and precisely eliminates the scurf and bacterial debris, the main causes of inflammatory lid disease. BlephEx is a hand piece, used to very precisely and carefully.

## Potential Risks

- Eyelid irritation
- Scratch on the front surface of the eye
- Swelling of the conjunctiva (clear lining of the eyelid and eye)
- Eye symptoms of burning, stinging, tearing, itching, discharge, redness, foreign body sensation, visual disturbance and sensitivity to light

\*Less than 5% of patients experience these symptoms.

## Questions of Concerns

We look forward to seeing you again for your BlephEx treatment. If you have any questions or concerns please email us or give the practice a call and one of our staff members will be more than happy to help you.



Before



After

Schedule your appointment today to see how we can help!

See & Be Seen Eyecare



**Liberty Village** 171 East Liberty Street, #136, Toronto, ON | **416.516.2020** | [info@seeandbeseeneyecare.com](mailto:info@seeandbeseeneyecare.com)  
**Midtown** 2594 Yonge St Toronto ON | **416.483.2123** | [midtown@seeandbeseeneyecare.com](mailto:midtown@seeandbeseeneyecare.com)

Schedule an Appointment Today!

[seeandbeseeneyecare.com](http://seeandbeseeneyecare.com)

#NotYourAverageOptometrist