

Punctal Plugs

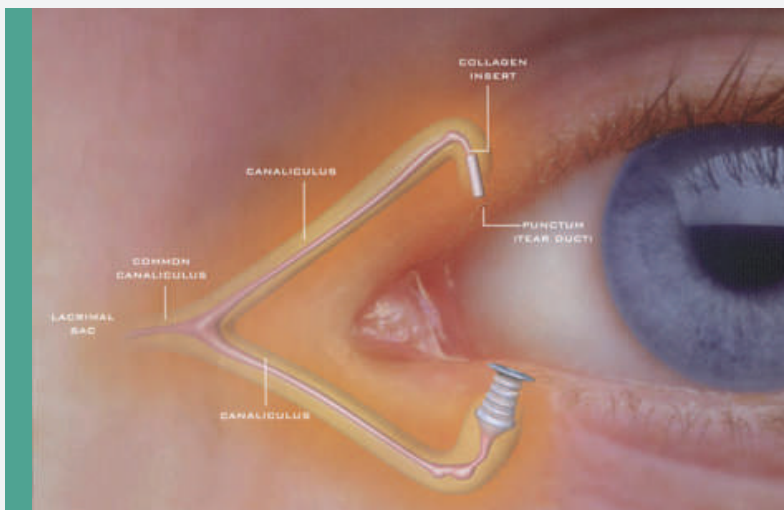
SEE
& BE
SEEN
EYECARE



What Are Punctal Plugs?

Punctal plugs are tiny, biocompatible devices that can be inserted into tear ducts to block drainage. This increases the eye's tear film and surface moisture to help relieve certain forms of dry eye, these devices often are no larger than a grain of rice.

They are used to slow down the speed at which your tears drain out from your eyes. Think of it as the same idea as plugging a sink. The punctal plugs are a good way to help maintain moisture on the surface of your eye. They are especially beneficial for those who spend hours in front of a computer or digital device and are not blinking as frequently as they should.



There are two types of punctal plugs. Temporary and semi-permanent. Both are comfortable and have minimal sensation once inserted.

Semi-permanent, typically made of long-lasting materials such as silicone. These are reversible and can be removed at any point in time.

Dissolvable, made of materials such as collagen that the body eventually absorbs, typically within 30 days.

Temporary or dissolvable punctal plugs usually last from a few days to as long as several months. These types of plugs would be used in circumstances such as preventing dry eyes after LASIK, if you choose to have refractive surgery.

Dissolvable, temporary punctal plugs sometimes are used to determine if the treatment works for your dry eye condition. If so, then semi-permanent punctal plugs might be considered.

Schedule your appointment today to see how we can help!

See & Be Seen Eyecare



Liberty Village 171 East Liberty Street, #136, Toronto, ON | 416.516.2020 | info@seeandbeseeneyecare.com

Midtown 2594 Yonge St Toronto ON | 416.483.2123 | midtown@seeandbeseeneyecare.com

Schedule an Appointment Today!

seeandbeseeneyecare.com

#NotYourAverageOptometrist